

# Pre-K Students Transitioning to Kindergarten

Below you will find some skills you can work on with your child during the summer to help create a smoother transition into Kindergarten!

## Reading:

- Practice identifying all upper and lower case letters (in and out of order)
- Practice identifying corresponding letter sounds
- Practice reading K sight words
- Have your child explore books: hold them correctly, turn the pages, identifying the cover, point to the words as you read
- Read with your child daily
- Identify rhyming words

## Writing:

\*Using a highlighter and having your child trace can be beneficial to getting your child more familiar with the formation and make sure that they are holding the writing utensil correctly and applying appropriate pressure. Using markers, pencil grips, weighted pencil, and/or broken crayons can help\*

- Practice writing your first and last name (Using Foundations letter guide)

## Motor Skills:

- Using scissors - cutting on a straight line, cutting out shapes, etc
- Zippering
- Shoe Tying
- Buttoning
- Opening lunch boxes, snacks, juices

## Math:

- Counting aloud (try up to 100)
- Counting objects using 1:1 correspondence

## Social & Emotional:

- Taking turns in a game
- Following routines and rules
- Waiting your turn to communicate information

- Using manners
- Sharing

#### Social Studies:

- Work on remembering your address and telephone number
- Work on exploring different cultures, understanding them, and respecting the differences and similarities

#### Health & Wellness

- Hand washing and identifying when they should be washing their hands, create as much independence in this area as possible
- Sneezing and coughing into elbow
- Keeping personal space
- Identifying when they don't feel well
- Appropriate bathroom skills
- Using a tissue to wipe their nose
- At this moment, although we all love hugs, try to explain the current situation and how important it is to keep a safe distance